

# C. difficile Infection Patient Journey

## Symptoms Appear

- diarrhea
- abdominal pain
- weight loss
- loss of appetite
- nausea/vomiting
- fatigue
- dehydration



## What is C. difficile infection?

C. difficile infection, or CDI for short, occurs when the *Clostridioides difficile* bacterium grows out of control in the gut. It is the most common cause of infectious diarrhea in hospitals and long-term care facilities.

### Risk factors include:

- recent antibiotic use
- older age (65+)
- hospitalization (e.g., surgery)
- contact in a healthcare facility
- long-term care setting
- severe underlying illness
- immunocompromised
- receiving chemotherapy
- prior C. difficile infection
- taking proton pump inhibitors (PPIs)

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