

# NOW BOARDING

FLIGHT 300

Average Airlines



**badgut.org**

Gastrointestinal Society  
Canadian Society of Intestinal Research

If you have a gastrointestinal (GI) disorder, **YOU ARE NOT ALONE**; just look at all the brightly coloured passengers on our flight, representing an average group of Canadians. Each colour corresponds to a specific ailment and the multi-coloured passengers have more than one gastrointestinal disease or disorder.

## Celiac Disease

Although many individuals worry that they might be gluten intolerant, **only 3** individuals on a 300 passenger plane would suffer from celiac disease, which is a true allergy to gluten

## Reflux Disease (GERD)

Of the **13-29%** of the population who have GERD, around 5% suffer from a physical change to the esophagus lining, known as Barrett's Esophagus

## Functional Dyspepsia

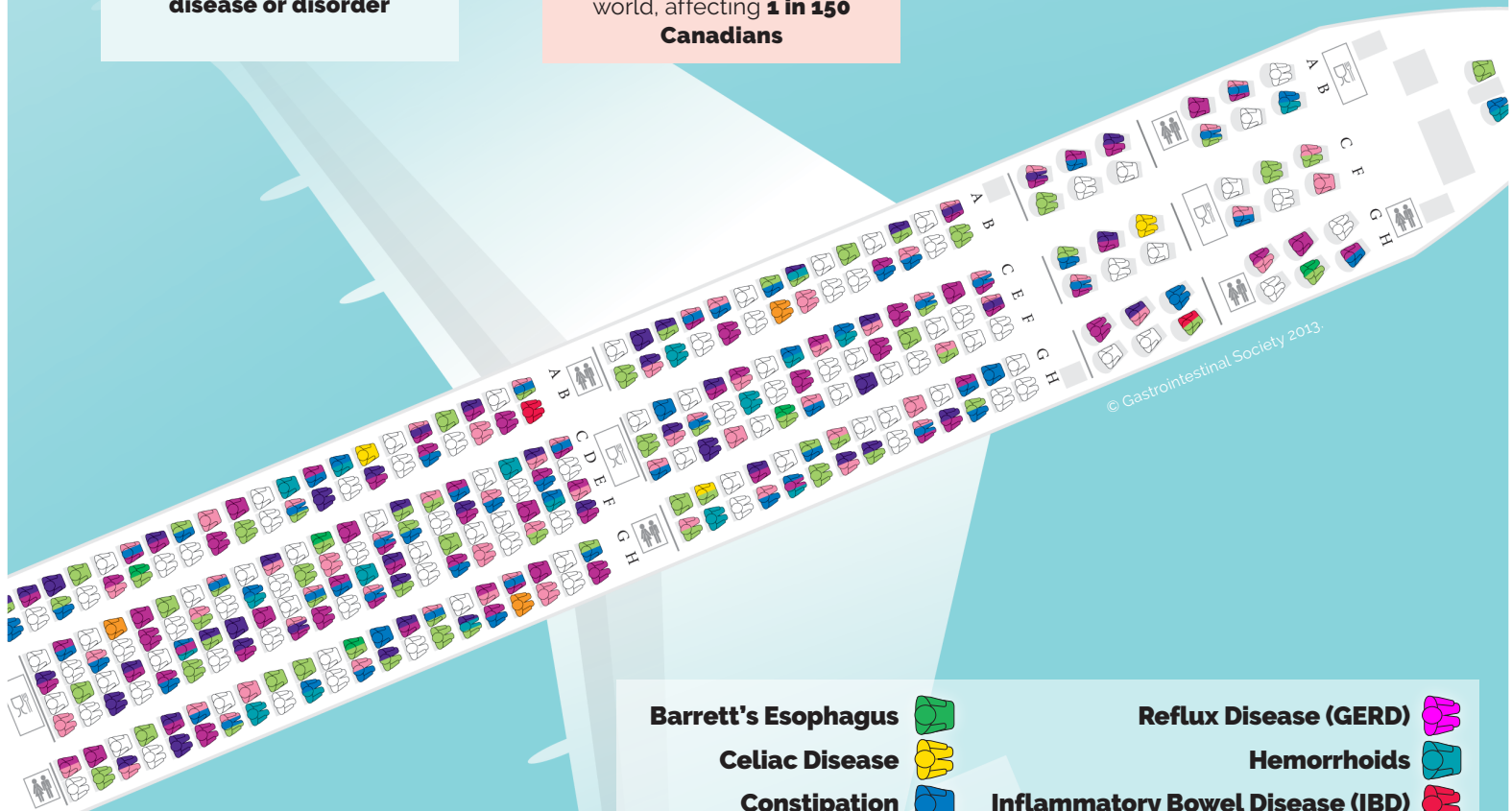
Functional dyspepsia is a very common disorder, affecting well over **20% of the population**, although many don't seek medical help for their symptoms

## Did You know?

**At any given time, around 2/3 of Canadians will be affected by a digestive disease or disorder**

## IBD

Canada has the highest prevalence of inflammatory bowel disease (IBD) in the world, affecting **1 in 150 Canadians**



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**Barrett's Esophagus**



**Celiac Disease**



**Constipation**



**Diverticular Disease**



**Functional Dyspepsia**



**Reflux Disease (GERD)**



**Hemorrhoids**



**Inflammatory Bowel Disease (IBD)**



**Irritable Bowel Syndrome (IBS)**



**Ulcer Disease**



Please Note: The purpose of this infographic is to give you a general idea as to which GI illnesses might appear in an average group of people. While the numbers we used are based on current statistics, these estimates might not be exact and will vary between groups.